

One Accord 10K Run & 5K Walk

Sunday, September 16th at 4.30pm
at One Accord Plaza, Warrens, St. Michael.



Awesome prizes for
1st to 3rd place
Age group
Best 10k first timer

Only \$20 to enter!

Official Race Charity: The Hope Foundation

Fill out this form and register at Pizza Man Doc, One Accord Plaza:

Fri 14th from 12pm-7pm, Sat 15th from 1pm-4pm

Surname _____ First Name _____

Address: _____

Phone Number: _____ Date of Birth: _____ M/F _____

Email: _____ Tick the box if this your first 10k.

Circle one: 10k RUN 5K WALK

I hereby waive and release any and all rights I may have against the Sponsors/Organizers of the One Accord 10K for any injuries suffered by me during this event and agree to grant permission to publish any photos taken of me during the event for further promotion of road race events.

Signature: _____ (Guardian if under 18) _____



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