

LITTLE LEAGUE GYM/UFUKUZO ROAD RACING CLUB

Barracks Rd-Hill Rd-Kew Rd-Tudor Bridge-Eagle Hall-Bank Hall-Station Hill-Leinster Rd (Waterford)-Bush Hall Main Rd-Barracks Rd

Elevation vs Distance

	Lap	Lap	Split	Eleva-	Split
Location	Dist.	Time	Dist.	tion	Time
	<i>m</i>	<i>min:sec</i>	<i>m</i>	<i>m</i>	<i>min:sec</i>
Start: Barracks Rd (Prin. Wales/Q. Mary Rd)	0	0:00	0	18	0:00
to Kew Rd/Tudor Bridge Jn	958		958	19	
to Eagle Hall Jn	529		1487	14	
to Sobers Cr.	522		2009	10	
to Bridge Rd Jn (Eastman Cr)	682		2691	11	
to Station Hill/Leinster Rd Jn	936		3627	35	
to Leinster Rd/Bush Hall (H2) Jn	386		4013	40	
to Little League Gym (FINISH)	992		5005	18	
	Actual		Target		
Summary	<i>min:sec</i>		<i>min:sec</i>		
Avg. min/Km					
Avg. min/mile					
Prepared by: Eric E. Clarke					
Ufukuzo Road Racing Club					
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